

students will easily anticipate a problem than others.

1.3 DIFFERENCE BETWEEN GUIDANCE AND COUNSELLING

Basis For Comparison	Guidance	Counselling
<i>Meaning</i>	Guidance refers to an advice or a relevant piece of information provided by a superior, to resolve a problem or overcome from difficulty.	Counselling refers to a professional advice given by a counsellor to an individual to help him in overcoming from personal or psychological problems.
<i>Nature</i>	Preventive	Remedial and Curative
<i>Approach</i>	Comprehensive and Extroverted	In-depth and Introverted
<i>What it does?</i>	It assists the person in choosing the best alternative.	It tends to change the perspective, to help him get the solution by himself or herself.
<i>Deals with</i>	Education and career related issues.	Personal and socio-psychological issues.
<i>Provided by</i>	Any person superior or expert	A person who possesses high level of skill and professional training.
<i>Privacy</i>	Open and less private.	Confidential
<i>Mode</i>	One to one or one to many	One to one
<i>Decision making</i>	By guide.	By the client.
<i>Analysis Type</i>	Guidance is based upon external analysis.	Counselling is based upon inward analysis.
<i>Focus on</i>	Guidance focuses on finding the solution for the concerned problem.	Counselling focuses on understanding and getting the problem properly to deal with.
<i>Applicability</i>	Guidance is mostly applied and used in educational and career related issues.	Counselling is mostly applied or used on social and personal issues.